

Prof. Dr. Zhengzhen WANG
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Curriculum Vitae

Basic Information:

Name: Zhengzhen Wang, Sex: Female, Birth: October. 1956
Career: MD. PhD., Professor of Sport Medicine, Sport Rehabilitation Department,
Beijing Sport University



Memberships and other Activities

FELLOW, American College of Sports Medicine
Vice chairman of the Chinese Sports Rehabilitation Medicine Training Project
Chairman of the Scientific Fitness Professional Committee of the Beijing Health Education Association
Commissary, Sport Medicine Association of China Sport Science Society (CSSS)
Commissary, Sport Medicine Association of Chinese Medical Association
Member of the Standing Committee of Beijing Medical Association Health Management Branch.
Vice Chairman, Sports Nutrition Branch, Chinese Nutrition Society
Commissary, Female Physicians Association
Deputy editor of 《Journal of Beijing Sport University》
Deputy editor of 《Journal of Science in Sport and Exercise》 .

Have served

Vice Dean, School of Sports and Exercise Science, Beijing Sport University
Director of Academic Journals Department, Beijing Sport University

Specialty/Research Interests

Theory and application of physical fitness, Exercise and chronic diseases

Grants:

1. Director project: Research on Key Technologies and Application Strategies of Nutrition and Behavioral Intervention in cardiovascular and cerebrovascular Diseases under the National Key Research and Development Program "Prevention and Control of Major Chronic Noncommunicable Diseases" Project 2: Optimization, effect, safety and health economic benefit evaluation of the intervention program of "Exercise is a good Medicine" (2016YFC1300202,2016-2020)
2. Director project: State General Administration of Sport: Construction of theoretical system of exercise prescription(2017.3-2017.12)
3. Director project: Physical Fitness Testing and Exercise Management in Dozens of Physical Examination Center (CHPF2014-FITEX) ,2014,Sponsored by China Health Foundation
4. Director project: Interaction of Exercise and Physical Fitness on Metabolites of Pre-diabetes. (2014B007), 2014, Sponsored by General Administration of Sport of China
5. Director project: Mechanism of Exercise Effect on Glucose regulation of Pre-diabetes, Sponsored by Doctor Subjects of Chinese Ministry of Education

Award

1. First Prize of Science and Technology Achievements of Chinese Society of Sports Science
2. First Prize of Beijing Teaching Achievement
3. Second Prize of national teaching achievements
4. National Science Popularization Advanced Worker, 2016, Ministry of Science and Technology, Propaganda Department of the CPC Central Committee and China Association for Science and Technology

Publication

Chief translator of 8 books, including the ACSM Exercise Test and Exercise Prescription Guide 7 through 11 edition

Edited 4 textbooks, including <Exercise Prescription >published by China Higher Education Press

Published 130 papers in academic journals